

Wellbeing Advisory Service in Wales – school feedback

"Angharad
has been a fantastic
support to the school.
She has provided
materials, training and
ways forward to support
wellbeing within
the school."





"It was so lovely
to catch up with Jess
last week, thank you for
taking the time to visit our
school and provide us
with amazing ideas on
how to support and
help our staff."

"The support from your Wellbeing Advisor has been excellent. He is approachable and is able to provide alternative suggestions to enhance the wellbeing within the school. He is willing to support the school where it is meaningful to us."

"Having someone kind and knowledgeable to talk things through with was great."



"It's just lovely
to be given the time
to think about our
own wellbeing as we
constantly focus on
the pupils. Thank
you Sarah!"



Our regional advisory service is funded for schools across Wales with a focus on staff wellbeing. We have a dedicated team of wellbeing advisors who provide practical resources and expert guidance to help you prioritise staff mental health and wellbeing in your school. With our help you can take meaningful change at your school. Sign up now, at no cost!