Staff Wellbeing Service in Wales

Education Support

Do you want to take staff wellbeing beyond the tickbox?

Sign up for our funded services below, **at no cost to you!**

Everyone deserves to be healthy and safe at work. Especially those who guide and inspire the next generation. Which is why we're working with Welsh Government to improve school staff wellbeing across Wales.

Wellbeing Advisory Service

Are you a school leader, manager or wellbeing lead who wants to transform how your school approaches culture, staff mental health and wellbeing? Access expert advice from a Staff Wellbeing Advisor and Practitioner, at no cost to you or your school.

Find out more and sign up: educationsupport.org.uk/advisory-service and educationsupport.org.uk/culture



Professional Supervision for school leaders and managers

Supervision has a professional focus and is totally confidential. It is time dedicated to your role as an education leader, and will help you to improve your wellbeing. We've supported over **4,000** school leaders and managers so far.

Find out more and sign up: educationsupport.org.uk/leaders



Website and newsletter sign up: educationsupport.org.uk/wales

To find out more email: staffwellbeingservice@edsupport.org.uk

Education Support @edsupportuk

Gwasanaeth Lles Staff yng Nghymru

Education Support

Ydych chi eisiau mynd â lles staff y tu hwnt i'r blwch ticio?

Cofrestrwch ar gyfer ein gwasanaethau a ariennir isod, **heb unrhyw gost i chi!**

Mae pawb yn haeddu bod yn iach ac yn ddiogel yn y gwaith. Yn enwedig y rhai sy'n arwain ac yn ysbrydoli'r genhedlaeth nesaf. Dyna pam rydym yn gweithio gyda Llywodraeth Cymru i wella lles staff ysgol ledled Cymru.

Gwasanaeth Cynghori ar Les

A ydych chi'n arweinydd, yn rheolwr neu'n arweinydd llesiant mewn ysgol sydd eisiau gweddnewid sut y mae'ch ysgol yn ymdrin â diwylliant, iechyd meddwl staff a llesiant? Cewch fynediad at gyngor arbenigol gan Gynghorydd Llesiant Staff, heb unrhyw gost i chi neu'ch ysgol.

Dysgwch fwy a chofrestrwch:
educationsupport.org.uk/advisory-service and
educationsupport.org.uk/culture



Goruchwyliaeth Broffesiynol ar gyfer arweinwyr a rheolwyr ysgol

Mae gan oruchwyliaeth ffocws proffesiynol ac mae'n gwbl gyfrinachol. Mae'n amser wedi'i neilltuo i'ch rôl fel arweinydd addysg, a bydd yn eich helpu i wella'ch llesiant. Rydym wedi cefnogi dros **4,000** o arweinwyr ysgol hyd yn hyn.

Dysgwch fwy a chofrestrwch:
educationsupport.org.uk/leaders



Cofrestru gwefan a chylchlythyr:
educationsupport.org.uk/wales

I gael gwybod mwy anfonwch e-bost at:
staffwellbeingservice@edsupport.org.uk

Education Support @edsupportuk